



News Release

Ramkota Hotel, 3200 W. Maple St., Sioux Falls, S.D. 57107
Phone: 605.338.2037 Fax: 605.338.1889
Jon J. Martin, Assistant Commissioner
Web: www.northcentralconference.org
E-mail: info@northcentralconference.org

For Immediate Release: May 1, 2007

Belling, Palkie, Coley, Sweet, Kunkel and Dilling Named Track & Field Athletes of the Week

Molly Belling of Nebraska-Omaha, Liz Palkie of Minnesota Duluth and David Coley of South Dakota have been named the North Central Conference Outdoor Track Athletes of the Week while Amanda Kunkel of St. Cloud State and Kami Sweet & Jim Dilling of Minnesota State have been named the North Central Conference Outdoor Field Athletes of the Week.

Belling, a sophomore from Omaha, Neb., won the 100 (:11.50 handheld) and the 200 (23.97) at the Nebraska Open and then finished seventh in the 100 (:11.80) at the Drake Relays. Belling was the only NCAA Division II athlete to make the finals in the 100-meter dash at the Drake Relays.

Palkie, a freshman from Carleton, Minn., recorded an outdoor personal best of 2:11.12 in finishing sixth in the open 800 at the Drake Relays. She was the second NCAA Division II athlete in the race and her time is the seventh best in NCAA Division II competition this season. She came back Saturday to anchor the UMD 4x800 relay team that set a school record with a time of 9:12.12.

Coley, a senior from Bellevue, Neb., finished second in the 100 (:10.60 handheld) and third in the 200 (:22.29) at the Nebraska Open.

Kunkel, a junior from Eden Prairie, Minn., won the shot put at the Drake Alternative meet with a throw of 46-7 1/2. The throw is the 11th best throw in NCAA Division II competition this year and just over a foot short of the SCSU record.

Sweet, a junior from Blue River, Wis., posted a 150-11 discus throw at the Drake Relays.

Dilling, a senior from Fond du Lac, Wis. won the special invitational high jump at the Drake Relays, defeating ten elite competitors. He had a outdoor career-best and school-record leap of 7-6 1/2 which surpasses the NCAA Division II automatic qualifying standard and is the top jump in NCAA Division II competition this season.

Others nominated: *Track Male*: Dan Kromer, Minnesota State; Jared Clementson, Minnesota Duluth. *Track Female*: Emily Balster, Minnesota State; Renee Aune, North Dakota; Heidi Mullenberg, South Dakota. *Field Male*: Creighton Schroyer, North Dakota; Ben Walters, South Dakota. *Field Female*: Jessica Clausnitzer, North Dakota; Shaneaka Parkes, South Dakota.

#NCC#

2007 Male Outdoor Track Honor Roll

Mar. 27 None
April 3 None
April 17 Scott Hargens, South Dakota
April 24 Terry Liggins, South Dakota
May 1 David Coley, South Dakota

2007 Male Outdoor Field Honor Roll

Mar. 27 Jim Dilling, Minnesota State
April 3 James Martinsen, Minnesota Duluth
April 17 Jim Dilling, Minnesota State
April 24 Matt Kleffman, Minnesota Duluth
May 1 Jim Dilling, Minnesota State

2007 Female Outdoor Track Honor Roll

Mar. 27 Jenny Hoese, Minnesota State
April 3 Heidi Evans, North Dakota
April 17 Rachel Stangler, Augustana
April 24 Kiki Smith, South Dakota
May 1 Molly Belling, Nebraska-Omaha
Liz Palkie, Minnesota Duluth

2007 Female Outdoor Field Honor Roll

Mar. 27 Katelin Rains, Minnesota State
April 3 Lindsey Schultz, Augustana
April 17 Kali Erlandson, Minnesota State
April 24 Jasmine Mosley, South Dakota
May 1 Amanda Kunkel, St. Cloud State
Kami Sweet, Minnesota State