

Licensed to Sioux City CSD Championship Meet

Hy-Tek's Meet Manager 2/26/2005 03:52 PM

NCC Indoor Conference Championships - 2/25/2005 to 2/26/2005

University of South Dakota

Results

Women 60 Meter Dash

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=====
NCC Record: # 7.66 2002 Carly Lambert, Nebraska Omaha
Dome Record: @ 7.66 2002 Carly Lambert, Nebraska Omaha
              7.48 AUTO
              7.76 PROV
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=====
Name Year School Prelims H#
=====
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Preliminaries

```
1 Gebhart, Stephanie U of South D 7.73QPROV 1
2 Monger, Laverne Nebraska - O 7.76QPROV 2
3 Makinde, Foluso Nebraska - O 7.75qPROV 1
4 Muellenberg, Heidi U of South D 7.79q 2
5 Akerly, Debbie Nebraska - O 7.80q 1
6 Freeman, Ashley Nebraska - O 7.82q 1
7 Meurer, Josey Minnesota St 7.94q 2
8 Sandoval, Anna St. Cloud St 7.99q 1
9 Deleon, Melody Minnesota St 8.04 2
10 Price, Becca UM - Duluth 8.04 2
11 House, Lindsay U of South D 8.18 1
12 Schueler, Amber St. Cloud St 8.38 2
13 Flavin, Jenny UM - Duluth 8.53 2
14 Kay, Jessica UM - Duluth 8.56 1
```

Women 60 Meter Dash

```
=====
NCC Record: # 7.66 2002 Carly Lambert, Nebraska Omaha
Dome Record: @ 7.66 2002 Carly Lambert, Nebraska Omaha
              7.48 AUTO
              7.76 PROV
```

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=====
Name Year School Finals Poi
=====
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Finals

```
1 Monger, Laverne Nebraska - O 7.69 PROV 10
2 Akerly, Debbie Nebraska - O 7.79 8
3 Makinde, Foluso Nebraska - O 7.81 6
4 Gebhart, Stephanie U of South D 7.81 5
5 Muellenberg, Heidi U of South D 7.83 4
6 Sandoval, Anna St. Cloud St 7.94 3
7 Meurer, Josey Minnesota St 8.05 2
8 Freeman, Ashley Nebraska - O 8.36 1
```

Women 200 Meter Dash

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=====
NCC Record: # 24.30 1999 Tammy Wigley, North Dakota State
Dome Record: @ 24.41 2001 Sara Deckert, South Dakota
              26.20 PROV
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=====
Name Year School Prelims H#
=====
```

Preliminaries

```
1 Gebhart, Stephanie U of South D 24.87qPROV 1
2 Monger, Laverne Nebraska - O 24.90qPROV 2
3 Muellenberg, Heidi U of South D 25.81qPROV 3
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|    |                 |              |        |      |   |
|----|-----------------|--------------|--------|------|---|
| 4  | Makinde, Foluso | Nebraska - O | 25.86q | PROV | 1 |
| 5  | Freeman, Ashley | Nebraska - O | 25.90q | PROV | 2 |
| 6  | Deleon, Melody  | Minnesota St | 25.97q | PROV | 2 |
| 7  | Meurer, Josey   | Minnesota St | 25.99q | PROV | 4 |
| 8  | Sandoval, Anna  | St. Cloud St | 26.33q |      | 3 |
| 9  | Price, Becca    | UM - Duluth  | 26.74  |      | 3 |
| 10 | Frame, Amanda   | Minnesota St | 26.80  |      | 3 |
| 11 | Hughes, Becky   | Nebraska - O | 26.83  |      | 4 |
| 12 | Beilke, Megan   | UM - Duluth  | 26.84  |      | 4 |
| 13 | Caldwell, Nancy | Augustana Co | 27.25  |      | 4 |
| 14 | Schueler, Amber | St. Cloud St | 27.45  |      | 1 |
| 15 | Flavin, Jenny   | UM - Duluth  | 28.50  |      | 2 |
| 16 | Eykyn, Shelby   | Augustana Co | 28.65  |      | 1 |
| 17 | Lahr, Staci     | Augustana Co | 29.26  |      | 2 |

Women 200 Meter Dash

=====

NCC Record: # 24.30 1999 Tammy Wigley, North Dakota State  
 Dome Record: @ 24.41 2001 Sara Deckert, South Dakota  
 26.20 PROV

| Name   | Year School        | Finals       | H#              |
|--------|--------------------|--------------|-----------------|
| =====  |                    |              |                 |
| Finals |                    |              |                 |
| 1      | Gebhart, Stephanie | U of South D | 24.62 PROV 2 10 |
| 2      | Monger, Laverne    | Nebraska - O | 24.96 PROV 2 8  |
| 3      | Muellenberg, Heidi | U of South D | 25.30 PROV 2 6  |
| 4      | Makinde, Foluso    | Nebraska - O | 25.67 PROV 2 5  |
| 5      | Meurer, Josey      | Minnesota St | 25.90 PROV 1 4  |
| 6      | Sandoval, Anna     | St. Cloud St | 25.92 PROV 1 3  |
| 7      | Freeman, Ashley    | Nebraska - O | 25.95 PROV 1 2  |
| 8      | Deleon, Melody     | Minnesota St | 26.16 PROV 1 1  |

Women 1 Mile Run

=====

NCC Record: # 4:57.02 1999 Tina Fenske, South Dakota  
 Dome Record: @ 4:57.02 1999 Tina Fenske, South Dakota  
 4:52.60 AUTO  
 5:02.60 PROV

| Name  | Year School        | Finals       | Poi        |
|-------|--------------------|--------------|------------|
| ===== |                    |              |            |
| 1     | Stangler, Rachel   | Augustana Co | 5:08.21 10 |
| 2     | Sackett, Veronica  | North Dakota | 5:09.48 8  |
| 3     | Evans, Heidi       | North Dakota | 5:14.74 6  |
| 4     | Bennett, Mary      | U of South D | 5:15.36 5  |
| 5     | Nielsen, Aimee     | U of South D | 5:16.86 4  |
| 6     | Aune, Renee        | North Dakota | 5:17.38 3  |
| 7     | Keating, Kayleen   | U of South D | 5:18.03 2  |
| 8     | Duerre, Rachelle   | North Dakota | 5:18.42 1  |
| 9     | Leguillow, Tinissi | Nebraska - O | 5:18.45    |
| 10    | Eineke, Alexis     | Minnesota St | 5:20.20    |
| 11    | Miller, Molly      | Nebraska - O | 5:20.80    |
| 12    | Tuenge, Tahnee     | Nebraska - O | 5:26.36    |
| 13    | Inderrieden, Katie | UM - Duluth  | 5:30.29    |
| 14    | Zeisler, Sarah     | Nebraska - O | 5:32.18    |
| 15    | Pederson, Jenna    | UM - Duluth  | 5:50.93    |

Women 400 Meter Run

=====

NCC Record: # 55.03 2001 Sara Deckert, South Dakota  
 Dome Record: @ 54.49 1991 Yolande Straughn, Abilene Christian

55.60 AUTO  
57.70 PROV

| Name                 | Year School  | Prelims    | H# |
|----------------------|--------------|------------|----|
| =====                |              |            |    |
| Preliminaries        |              |            |    |
| 1 Gebhart, Stephanie | U of South D | 57.34qPROV | 2  |
| 2 Henkels, Kelly     | Minnesota St | 57.45qPROV | 1  |
| 3 Hughes, Becky      | Nebraska - O | 58.53q     | 3  |
| 4 Laber, Kassandra   | U of South D | 58.53q     | 2  |
| 5 Freeman, Ashley    | Nebraska - O | 58.55q     | 4  |
| 6 Smith, Kiki        | U of South D | 59.33q     | 4  |
| 7 Sershen, Janie     | Augustana Co | 59.41q     | 2  |
| 8 Deleon, Melody     | Minnesota St | 59.67q     | 1  |
| 9 Vake, Andrea       | UM - Duluth  | 59.77      | 3  |
| 10 Rudh, Meredith    | Minnesota St | 1:00.38    | 2  |
| 11 Newgard, Kati     | Augustana Co | 1:00.69    | 1  |
| 12 Boger, Jessica    | North Dakota | 1:02.42    | 2  |
| 13 Caldwell, Nancy   | Augustana Co | 1:03.34    | 1  |
| 14 Wagner, Kelsey    | UM - Duluth  | 1:04.03    | 3  |
| 15 Donovan, Jessica  | Minnesota St | 1:04.86    | 4  |
| 16 Lahr, Staci       | Augustana Co | 1:06.54    | 3  |
| -- Larson, Danielle  | St. Cloud St | DQ.00      | 4  |

Women 400 Meter Run

|                |       |      |                                     |
|----------------|-------|------|-------------------------------------|
| =====          |       |      |                                     |
| NCC Record: #  | 55.03 | 2001 | Sara Deckert, South Dakota          |
| Dome Record: @ | 54.49 | 1991 | Yolande Straughn, Abilene Christian |
|                | 55.60 | AUTO |                                     |
|                | 57.70 | PROV |                                     |

| Name                 | Year School  | Finals     | H#   |
|----------------------|--------------|------------|------|
| =====                |              |            |      |
| Finals               |              |            |      |
| 1 Gebhart, Stephanie | U of South D | 56.58 PROV | 2 10 |
| 2 Henkels, Kelly     | Minnesota St | 57.10 PROV | 2 8  |
| 3 Laber, Kassandra   | U of South D | 57.56 PROV | 2 6  |
| 4 Freeman, Ashley    | Nebraska - O | 58.50      | 1 5  |
| 5 Hughes, Becky      | Nebraska - O | 58.79      | 2 4  |
| 6 Sershen, Janie     | Augustana Co | 59.05      | 1 3  |
| 7 Smith, Kiki        | U of South D | 59.06      | 1 2  |
| 8 Deleon, Melody     | Minnesota St | 59.84      | 1 1  |

Women 500 Meter Run

|                |             |         |                                  |
|----------------|-------------|---------|----------------------------------|
| =====          |             |         |                                  |
| 3 turn stagger |             |         |                                  |
| NCC Record: #  | 1:12.97     | 2004    | Kinsey Coles, North Dakota State |
| Dome Record: @ | 1:16.32     | 1985    | Lisa Swan, North Dakota State    |
| Name           | Year School | Prelims | H#                               |

|                      |              |          |   |
|----------------------|--------------|----------|---|
| =====                |              |          |   |
| Preliminaries        |              |          |   |
| 1 Stoll, Mary        | Augustana Co | 1:16.57q | 1 |
| 2 Stoltenburg, Amber | U of South D | 1:17.21q | 2 |
| 3 Demulling, Abby    | UM - Duluth  | 1:17.47q | 1 |
| 4 Orzylowski, Magda  | Nebraska - O | 1:19.68q | 3 |
| 5 Reagles, Kristy    | Augustana Co | 1:20.25q | 2 |
| 6 Manning, Mandy     | U of South D | 1:20.27q | 1 |
| 7 Schmolke, Ashley   | UM - Duluth  | 1:20.95q | 2 |
| 8 Beilke, Megan      | UM - Duluth  | 1:21.19q | 1 |
| 9 Guerin, Brianna    | Minnesota St | 1:21.47  | 3 |
| 10 Zahorsky, Jackie  | UM - Duluth  | 1:21.95  | 3 |
| 11 Goesch, Jenny     | Minnesota St | 1:22.59  | 2 |

|                    |              |         |   |
|--------------------|--------------|---------|---|
| 12 Sailer, Sara    | North Dakota | 1:22.94 | 3 |
| 13 Krippner, Bobbi | St. Cloud St | 1:25.26 | 2 |
| 14 Brathol, Kelly  | St. Cloud St | 1:25.66 | 1 |
| -- Lane, Lisa      | Nebraska - O | FS      | 3 |

Women 500 Meter Run

=====

3 turn stagger

NCC Record: # 1:12.97 2004 Kinsey Coles, North Dakota State

Dome Record: @ 1:16.32 1985 Lisa Swan, North Dakota State

| Name | Year School | Finals | H# | Points |
|------|-------------|--------|----|--------|
|------|-------------|--------|----|--------|

=====

Finals

|                      |              |          |   |    |
|----------------------|--------------|----------|---|----|
| 1 Stoltenburg, Amber | U of South D | 1:15.65@ | 2 | 10 |
| 2 Stoll, Mary        | Augustana Co | 1:16.97  | 2 | 8  |
| 3 Orzylowski, Magda  | Nebraska - O | 1:17.47  | 2 | 6  |
| 4 Demulling, Abby    | UM - Duluth  | 1:18.17  | 2 | 5  |
| 5 Schmolke, Ashley   | UM - Duluth  | 1:19.06  | 1 | 4  |
| 6 Manning, Mandy     | U of South D | 1:19.24  | 1 | 3  |
| 7 Reagles, Kristy    | Augustana Co | 1:19.87  | 1 | 2  |
| 8 Beilke, Megan      | UM - Duluth  | 1:20.58  | 1 | 1  |

Women 800 Meter Run

=====

1 turn stagger cut on back stretch

NCC Record: # 2:12.91 1988 Kim Fordham, South Dakota State

Dome Record: @ 2:10.12 1999 Lana Jekbasone, Lewis

2:10.30 AUTO

2:17.10 PROV

| Name | Year School | Prelims | H# |
|------|-------------|---------|----|
|------|-------------|---------|----|

=====

Preliminaries

|                         |              |              |   |
|-------------------------|--------------|--------------|---|
| 1 Kurke, Alissa         | Minnesota St | 2:16.47QPROV | 1 |
| 2 Evans, Heidi          | North Dakota | 2:17.54Q     | 2 |
| 3 Sandoval, Beth        | St. Cloud St | 2:16.66QPROV | 1 |
| 4 Hamilton, Heather     | UM - Duluth  | 2:17.86Q     | 2 |
| 5 Sackett, Rachel       | North Dakota | 2:18.75q     | 1 |
| 6 Bennett, Mary         | U of South D | 2:19.56q     | 2 |
| 7 Laber, Kassandra      | U of South D | 2:19.86q     | 2 |
| 8 Beeson, Brittany      | North Dakota | 2:20.52q     | 2 |
| 9 Victor, Jennifer      | Nebraska - O | 2:22.00      | 1 |
| 10 Kampschieder, Angela | Nebraska - O | 2:27.73      | 1 |
| 11 Osgood, Margaret     | Augustana Co | 2:31.16      | 2 |

Women 800 Meter Run

=====

1 turn stagger cut on back stretch

NCC Record: # 2:12.91 1988 Kim Fordham, South Dakota State

Dome Record: @ 2:10.12 1999 Lana Jekbasone, Lewis

2:10.30 AUTO

2:17.10 PROV

| Name | Year School | Finals | Poi |
|------|-------------|--------|-----|
|------|-------------|--------|-----|

=====

Finals

|                     |              |              |    |
|---------------------|--------------|--------------|----|
| 1 Kurke, Alissa     | Minnesota St | 2:15.43 PROV | 10 |
| 2 Hamilton, Heather | UM - Duluth  | 2:15.85 PROV | 8  |
| 3 Sackett, Rachel   | North Dakota | 2:17.32      | 6  |
| 4 Sandoval, Beth    | St. Cloud St | 2:17.35      | 5  |
| 5 Bennett, Mary     | U of South D | 2:19.60      | 4  |
| 6 Laber, Kassandra  | U of South D | 2:21.38      | 3  |

|                    |              |         |   |
|--------------------|--------------|---------|---|
| 7 Beeson, Brittany | North Dakota | 2:23.11 | 2 |
| 8 Evans, Heidi     | North Dakota | 2:35.57 | 1 |

Women 1000 Meter Run

=====

1 turn stagger cut on back stretch

NCC Record: # 2:52.72 1995 Jennifer Peck, Minnesota State Mankato

Dome Record: @ 2:55.26 1988 Kris Crandall, Augustana

| Name | Year School | Prelims |
|------|-------------|---------|
|------|-------------|---------|

=====

Preliminaries

|                      |              |          |
|----------------------|--------------|----------|
| 1 Sackett, Veronica  | North Dakota | 3:02.51Q |
| 2 Duba, Amy          | U of South D | 3:05.35Q |
| 3 Duerre, Rachelle   | North Dakota | 3:02.96Q |
| 4 Zeisler, Sarah     | Nebraska - O | 3:05.94Q |
| 5 Nielsen, Aimee     | U of South D | 3:04.84q |
| 6 Stoltenburg, Amber | U of South D | 3:05.03q |
| 7 Tuenge, Tahnee     | Nebraska - O | 3:05.08q |
| 8 Kelly, Mairead     | Augustana Co | 3:06.45q |
| 9 Zellar, Jessica    | Minnesota St | 3:13.64  |
| 10 Arens, Tania      | Augustana Co | 3:16.02  |
| 11 Campbell, Des     | Nebraska - O | 3:16.26  |
| 12 Pederson, Jenna   | UM - Duluth  | 3:16.50  |
| 13 Buresh, Elissa    | UM - Duluth  | 3:18.51  |

Women 1000 Meter Run

=====

1 turn stagger cut on back stretch

NCC Record: # 2:52.72 1995 Jennifer Peck, Minnesota State Mankato

Dome Record: @ 2:55.26 1988 Kris Crandall, Augustana

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

=====

Finals

|                      |              |         |    |
|----------------------|--------------|---------|----|
| 1 Sackett, Veronica  | North Dakota | 3:03.18 | 10 |
| 2 Nielsen, Aimee     | U of South D | 3:04.48 | 8  |
| 3 Kelly, Mairead     | Augustana Co | 3:04.80 | 6  |
| 4 Duba, Amy          | U of South D | 3:05.04 | 5  |
| 5 Stoltenburg, Amber | U of South D | 3:09.31 | 4  |
| 6 Tuenge, Tahnee     | Nebraska - O | 3:10.21 | 3  |
| 7 Duerre, Rachelle   | North Dakota | 3:10.24 | 2  |
| 8 Zeisler, Sarah     | Nebraska - O | 3:16.45 | 1  |

Women 3000 Meter Run

=====

NCC Record: # 9:42.96 1993 Kristin Asp, South Dakota State

Dome Record: @ 9:42.96 1984 Kristin Asp, South Dakota State

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

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|                       |              |          |    |
|-----------------------|--------------|----------|----|
| 1 Stangler, Rachel    | Augustana Co | 10:29.61 | 10 |
| 2 Keating, Kayleen    | U of South D | 10:41.71 | 8  |
| 3 Miller, Molly       | Nebraska - O | 10:44.53 | 6  |
| 4 Murch, Kristin      | North Dakota | 10:44.80 | 5  |
| 5 Pape, Jessica       | Augustana Co | 10:49.90 | 4  |
| 6 Leguillow, Tinissia | Nebraska - O | 10:54.26 | 3  |
| 7 Landberg, Margaret  | North Dakota | 10:54.88 | 2  |
| 8 Eineke, Alexis      | Minnesota St | 11:03.61 | 1  |

Women 5000 Meter Run

=====

NCC Record: # 17:01.73 2004 Jessica Neva, North Dakota

16:56.80 AUTO  
18:00.80 PROV

| Name                  | Year School  | Finals   | Poi |
|-----------------------|--------------|----------|-----|
| 1 Hayes, Sara         | Augustana Co | 18:13.77 | 10  |
| 2 Friedrich, Amber    | U of South D | 18:29.65 | 8   |
| 3 Ryan, Kellie        | Nebraska - O | 18:31.65 | 6   |
| 4 Foss, Erin          | UM - Duluth  | 18:44.19 | 5   |
| 5 Schuldt, Jan        | Minnesota St | 18:46.93 | 4   |
| 6 Steckelberg, Amy    | U of South D | 19:13.27 | 3   |
| 7 Roemen, Amanda      | U of South D | 19:15.55 | 2   |
| 8 Harris, Kaylen      | Nebraska - O | 19:24.92 | 1   |
| 9 Lichter, Jessie     | North Dakota | 19:30.84 |     |
| 10 Zinsmaster, Kristi | UM - Duluth  | 19:36.24 |     |
| 11 Lentner, Shannon   | North Dakota | 19:44.19 |     |
| 12 Sanders, Courtney  | UM - Duluth  | 19:55.92 |     |
| 13 Gorman, Allison    | Nebraska - O | 20:07.72 |     |
| 14 Calvin, Amy        | Nebraska - O | 20:55.36 |     |

Women 60 Meter Hurdles

NCC Record: # 8.28 2002 Merideth Davis, Morningside  
Dome Record: @ 8.57 2002 Merideth Davis, Morningside  
8.65 AUTO  
8.99 PROV

| Name                   | Year School  | Prelims   | H# |
|------------------------|--------------|-----------|----|
| Preliminaries          |              |           |    |
| 1 Kyvelidou, Anastasia | Nebraska - O | 8.65QAUTO | 1  |
| 2 Akerly, Debbie       | Nebraska - O | 8.85QPROV | 2  |
| 3 House, Lindsay       | U of South D | 8.78qPROV | 1  |
| 4 Eykyn, Shelby        | Augustana Co | 9.02q     | 2  |
| 5 Scott, Diana         | U of South D | 9.08q     | 2  |
| 6 Lane, Lisa           | Nebraska - O | 9.29q     | 2  |
| 7 McGill, Mara         | U of South D | 9.32q     | 1  |
| 8 Krueger, Lindsey     | St. Cloud St | 9.40q     | 1  |
| 9 Eklund, Janet        | Minnesota St | 9.47      | 2  |
| 10 Todnem, Kayla       | St. Cloud St | 9.52      | 2  |
| 11 Nielsen, Megan      | Minnesota St | 9.53      | 1  |
| 12 Spiess, Brielle     | Minnesota St | 9.66      | 1  |
| 13 Kensinger, Jackie   | North Dakota | 9.69      | 2  |
| 14 Bachaus, Liz        | UM - Duluth  | 9.78      | 2  |
| 15 Paulson, Lisa       | Minnesota St | 10.10     | 1  |

Women 60 Meter Hurdles

NCC Record: # 8.28 2002 Merideth Davis, Morningside  
Dome Record: @ 8.57 2002 Merideth Davis, Morningside  
8.65 AUTO  
8.99 PROV

| Name                 | Year School  | Finals    | Poi |
|----------------------|--------------|-----------|-----|
| Finals               |              |           |     |
| 1 Kyvelidou, Anastas | Nebraska - O | 8.73 PROV | 10  |
| 2 Eykyn, Shelby      | Augustana Co | 8.80 PROV | 8   |
| 3 House, Lindsay     | U of South D | 8.86 PROV | 6   |
| 4 Akerly, Debbie     | Nebraska - O | 9.03      | 5   |
| 5 Scott, Diana       | U of South D | 9.14      | 4   |
| 6 McGill, Mara       | U of South D | 9.22      | 3   |
| 7 Lane, Lisa         | Nebraska - O | 9.32      | 2   |

8 Krueger, Lindsey St. Cloud St 10.16 1

Women 4x400 Meter Relay

=====

NCC Record: # 3:48.76 2004 , North Dakota State  
Rieck, Smith, Larsen, Coles

Dome Record: @ 3:45.82 1988 , Hampton  
Lawrence, Stubbs, Creekmore, Spence

3:46.80 AUTO  
3:56.80 PROV

| School                           | Finals                  | Poi |
|----------------------------------|-------------------------|-----|
| 1 Nebraska - Omaha 'A'           | 3:57.86                 | 10  |
| 1) Hughes, Becky                 | 2) Kampschieder, Angela |     |
| 3) Lane, Lisa                    | 4) Orzylowski, Magda    |     |
| 2 UM - Duluth 'A'                | 3:58.97                 | 8   |
| 3 Augustana College 'A'          | 4:00.68                 | 6   |
| 4 U of South Dakota 'A'          | 4:01.20                 | 5   |
| 1) Manning, Mandy                | 2) Scott, Diana         |     |
| 3) Duba, Amy                     | 4) Muellenberg, Heidi   |     |
| 5 North Dakota 'A'               | 4:04.88                 | 4   |
| 6 Minnesota State 'A'            | 4:13.45                 | 3   |
| 7 St. Cloud State University 'A' | 4:15.00                 | 2   |

Women Distance Medley

=====

waterfall start  
1200-400-800-1600m

Dome Record: @ 12:15.89 1996 , Mankato State  
Peterson, Monroe, Clarke, Peck

12:41.70 PROV

| School                           | Finals            | Poi |
|----------------------------------|-------------------|-----|
| 1 Augustana College 'A'          | 12:11.65@PROV     | 10  |
| 1) Stangler, Rachel              | 2) Sershen, Janie |     |
| 3) Stoll, Mary                   | 4) Hayes, Sara    |     |
| 2 U of South Dakota 'A'          | 12:16.46 PROV     | 8   |
| 3 Nebraska - Omaha 'A'           | 12:38.25 PROV     | 6   |
| 4 UM - Duluth 'A'                | 12:55.13          | 5   |
| 5 North Dakota 'A'               | 12:57.11          | 4   |
| 6 Minnesota State 'A'            | 13:00.13          | 3   |
| 7 St. Cloud State University 'A' | 14:25.60          | 2   |

Women High Jump

=====

We will run 5 alive until we are down to 9  
Heights- 4-8,4-10,5-0,5-2,5-4,5-6 1/4, 5-7 1/4, 5-8 1/4,  
5-9 1/4, 5-10 1/4, etc...

NCC Record: # 5-10.50 1997 Debby Volkens, Augustana  
Dome Record: @ 6-00 1997 Deb Volkens, Augustana

5-09.25 AUTO  
5-05.25 PROV

| Name                 | Year School  | Finals       | Poi      |
|----------------------|--------------|--------------|----------|
| 1 Burggraff, Krystal | Minnesota St | 5-07.25 PROV | 1.70m 10 |
| 2 Schulz, Becky      | Augustana Co | 5-06.00 PROV | 1.67m 8  |
| 3 Erlandson, Kali    | Minnesota St | 5-04.00      | 1.62m 6  |
| 4 Gegleman, Lyndsy   | North Dakota | J5-04.00     | 1.62m 5  |
| 5 Bachaus, Liz       | UM - Duluth  | 5-02.00      | 1.57m 4  |
| 6 Dahlstrom, Nikki   | North Dakota | J5-02.00     | 1.57m 3  |

|    |                  |              |          |       |     |
|----|------------------|--------------|----------|-------|-----|
| 7  | Kiley, Leah      | UM - Duluth  | J5-02.00 | 1.57m | 1.5 |
| 7  | Nagel, Amanda    | North Dakota | J5-02.00 | 1.57m | 1.5 |
| 9  | Krueger, Lindsey | St. Cloud St | J5-02.00 | 1.57m |     |
| 9  | Chaffee, Brooke  | UM - Duluth  | J5-02.00 | 1.57m |     |
| 11 | Nelson, Rebekah  | UM - Duluth  | 5-00.00  | 1.52m |     |
| 11 | Gonsor, Carrie   | U of South D | 5-00.00  | 1.52m |     |
| 13 | Knoblach, Angela | St. Cloud St | 4-10.00  | 1.47m |     |
| 13 | Moe, Cassandra   | St. Cloud St | 4-10.00  | 1.47m |     |
| 15 | Faulkner, Amanda | St. Cloud St | 4-08.00  | 1.42m |     |
| -- | Zabrocki, Katie  | Nebraska - O | NH       |       |     |

Women Pole Vault

=====

5 alive until down to 9

9-2 9-8 10-2 10-8 11-2 11-8 12-2 12-4 12-6 12-8 12-10 13- 13-2

NCC Record: # 13-00.25 2004 Amanda Frame, Minnesota State Mankato

Dome Record: @ 12-09.50 2000 Jen Bass

12-09.00 AUTO

11-05.75 PROV

| Name | Year School        | Finals       |               | Poi       |
|------|--------------------|--------------|---------------|-----------|
| 1    | Frame, Amanda      | Minnesota St | 13-01.25#AUTO | 3.99m 10  |
| 2    | Miller, Marci      | U of South D | 11-08.00 PROV | 3.55m 8   |
| 3    | Amberson, Ellen    | North Dakota | 11-02.00      | 3.40m 6   |
| 4    | Campbell, Linnea   | Minnesota St | 10-08.00      | 3.25m 4.5 |
| 4    | Fleck, Jessica     | North Dakota | 10-08.00      | 3.25m 4.5 |
| 6    | Cerling, Katie     | U of South D | J10-08.00     | 3.25m 3   |
| 7    | Heiman, Jen        | Minnesota St | J10-08.00     | 3.25m 2   |
| 8    | Kay, Jessica       | UM - Duluth  | J10-08.00     | 3.25m 1   |
| 9    | Debel, Taylor      | Minnesota St | J10-08.00     | 3.25m     |
| 10   | Larson, Danielle   | St. Cloud St | 10-02.00      | 3.09m     |
| 11   | Dvoracek, Jackie   | U of South D | J10-02.00     | 3.09m     |
| 12   | Jodarski, Nicky    | UM - Duluth  | J10-02.00     | 3.09m     |
| 13   | Jaksich, Stephanie | Nebraska - O | J10-02.00     | 3.09m     |
| 14   | Walford, Talia     | Nebraska - O | 9-08.00       | 2.94m     |

Women Long Jump

=====

9 to finals

NCC Record: # 20-05.25 1995 Tiffany Schuebel, South Dakota State

Dome Record: @ 20-06.50 1998 Angee Henry

20-02.00 AUTO

18-04.50 PROV

| Name | Year School        | Finals       |        | Poi         |
|------|--------------------|--------------|--------|-------------|
| 1    | Makinde, Foluso    | Nebraska - O | 6.06m  | 19-10.75 10 |
| 2    | Kyvelidou, Anastas | Nebraska - O | 5.98m  | 19-07.50 8  |
| 3    | Akerly, Debbie     | Nebraska - O | 5.75m  | 18-10.50 6  |
| 4    | House, Lindsay     | U of South D | 5.56m  | 18-03.00 5  |
| 5    | Eklund, Janet      | Minnesota St | 5.45m  | 17-10.75 4  |
| 6    | Baker, Taira       | Nebraska - O | J5.45m | 17-10.75 3  |
| 7    | Eykyn, Shelby      | Augustana Co | 5.32m  | 17-05.50 2  |
| 8    | Burgard, Michelle  | North Dakota | 5.26m  | 17-03.25 1  |
| 9    | Paulson, Lisa      | Minnesota St | 5.22m  | 17-01.50    |
| 10   | Atteberry, Andrea  | Augustana Co | 5.15m  | 16-10.75    |
| 11   | Zander, Heidi      | North Dakota | 4.99m  | 16-04.50    |
| 12   | Knoblach, Angela   | St. Cloud St | 4.97m  | 16-03.75    |
| 13   | McGill, Mara       | U of South D | 4.96m  | 16-03.25    |
| 14   | Bjugstad, Leslie   | North Dakota | 4.89m  | 16-00.50    |
| 15   | Moe, Cassandra     | St. Cloud St | 4.79m  | 15-08.75    |

|                    |              |       |          |
|--------------------|--------------|-------|----------|
| 16 Bachaus, Liz    | UM - Duluth  | 4.77m | 15-07.75 |
| 17 Kiley, Leah     | UM - Duluth  | 4.72m | 15-06.00 |
| 18 Chaffee, Brooke | UM - Duluth  | 4.69m | 15-04.75 |
| 19 Duggan, Ashley  | St. Cloud St | 4.47m | 14-08.00 |
| 20 Flavin, Jenny   | UM - Duluth  | 4.30m | 14-01.25 |
| -- Todnem, Kayla   | St. Cloud St | ND    |          |

Women Triple Jump

9 to finals

NCC Record: # 41-11.25 2004 Amanda Thieschafer, North Dakota State  
 Dome Record: @ 43-03 1990 Alexa Wills, US Military Academy  
 40-08.75 AUTO  
 37-08.75 PROV

| Name                 | Year School  | Finals  |          | Poi |
|----------------------|--------------|---------|----------|-----|
| 1 Kyvelidou, Anastas | Nebraska - O | 12.15m  | 39-10.50 | 10  |
| 2 Akerly, Debbie     | Nebraska - O | 11.73m  | 38-06.00 | 8   |
| 3 Baker, Taira       | Nebraska - O | 11.56m  | 37-11.25 | 6   |
| 4 Gould, Stacy       | U of South D | 11.10m  | 36-05.00 | 5   |
| 5 Kensinger, Jackie  | North Dakota | 10.94m  | 35-10.75 | 4   |
| 6 Fleck, Jessica     | North Dakota | J10.94m | 35-10.75 | 3   |
| 7 Burgard, Michelle  | North Dakota | 10.87m  | 35-08.00 | 2   |
| 8 Sershen, Janie     | Augustana Co | 10.78m  | 35-04.50 | 1   |
| 9 Bachaus, Liz       | UM - Duluth  | 10.62m  | 34-10.25 |     |
| 10 Mitchelle, Nicole | Nebraska - O | 10.47m  | 34-04.25 |     |
| 10 Todnem, Kayla     | St. Cloud St | 10.47m  | 34-04.25 |     |
| 12 Flavin, Jenny     | UM - Duluth  | 10.44m  | 34-03.00 |     |
| 13 Paulson, Lisa     | Minnesota St | 10.37m  | 34-00.25 |     |
| 14 Kuhn, Andi        | North Dakota | 10.34m  | 33-11.25 |     |
| 15 Chaffee, Brooke   | UM - Duluth  | 10.30m  | 33-09.50 |     |
| 16 Kiley, Leah       | UM - Duluth  | 10.24m  | 33-07.25 |     |
| 17 Atteberry, Andrea | Augustana Co | 10.19m  | 33-05.25 |     |
| 18 Knoblach, Angela  | St. Cloud St | 9.99m   | 32-09.50 |     |
| 19 Gonsor, Carrie    | U of South D | 9.98m   | 32-09.00 |     |
| 20 Moe, Cassandra    | St. Cloud St | 9.85m   | 32-03.75 |     |

Women Shot Put

9 to finals

NCC Record: # 49-09.75 2000 Julia Karst-Gray, North Dakota State  
 Dome Record: @ 51-09.25 1988 Liz Mulvihill, Bemidji State  
 49-00.75 AUTO  
 43-00.25 PROV

| Name                 | Year School  | Finals |          | Poi |
|----------------------|--------------|--------|----------|-----|
| 1 Olimb, Dana        | North Dakota | 13.14m | 43-01.50 | 10  |
| 2 Barber, Tiff       | U of South D | 12.93m | 42-05.25 | 8   |
| 3 Nelson, Katie      | Minnesota St | 12.79m | 41-11.50 | 6   |
| 4 Chamberlain, Susan | U of South D | 12.75m | 41-10.00 | 5   |
| 5 Schultz, Lindsey   | Augustana Co | 12.68m | 41-07.25 | 4   |
| 6 Sweets, Cory       | Augustana Co | 12.03m | 39-05.75 | 3   |
| 7 Hausauer, Lindsey  | North Dakota | 11.99m | 39-04.00 | 2   |
| 8 Bridge, Kassidi    | U of South D | 11.98m | 39-03.75 | 1   |
| 9 Swanson, Marie     | UM - Duluth  | 11.86m | 38-11.00 |     |
| 10 Sweet, Kami       | Minnesota St | 11.85m | 38-10.50 |     |
| 11 Rankin, Erin      | UM - Duluth  | 11.46m | 37-07.25 |     |
| 12 Warren, Tiera     | Minnesota St | 11.10m | 36-05.00 |     |
| 13 Krueger, Lindsey  | St. Cloud St | 10.92m | 35-10.00 |     |
| 14 Sparks, Holly     | Minnesota St | 10.70m | 35-01.25 |     |

Women Weight Throw

=====

9 to finals

NCC Record: # 61-11 2001 Diandra Bauer, North Dakota State

Dome Record: @ 61-11 2001 Diandra Bauer, North Dakota State

60-00.25 AUTO

52-00.00 PROV

| Name                 | Year School  | Finals          | Poi |
|----------------------|--------------|-----------------|-----|
| 1 Barber, Tiff       | U of South D | 17.28m 56-08.50 | 10  |
| 2 Bridge, Kassidi    | U of South D | 16.23m 53-03.00 | 8   |
| 3 Chamberlain, Susan | U of South D | 15.79m 51-09.75 | 6   |
| 4 Sparks, Holly      | Minnesota St | 15.59m 51-01.75 | 5   |
| 5 Sweet, Kami        | Minnesota St | 15.17m 49-09.25 | 4   |
| 6 Olimb, Dana        | North Dakota | 14.77m 48-05.50 | 3   |
| 7 Nelson, Katie      | Minnesota St | 14.57m 47-09.75 | 2   |
| 8 Larsen, Mikala     | U of South D | 14.33m 47-00.25 | 1   |
| 9 Carpenter, Talia   | UM - Duluth  | 13.42m 44-00.50 |     |
| 10 Hausauer, Lindsey | North Dakota | 12.74m 41-09.75 |     |
| 11 Warren, Tiera     | Minnesota St | 11.75m 38-06.75 |     |
| 12 Schultz, Lindsey  | Augustana Co | 11.54m 37-10.50 |     |
| 13 Sweets, Cory      | Augustana Co | 11.40m 37-05.00 |     |
| 14 Odegard, Kayla    | UM - Duluth  | 10.51m 34-05.75 |     |
| 15 Buyske, Jen       | Augustana Co | 10.43m 34-02.75 |     |
| -- Flach, Jenny      | North Dakota | ND              |     |

Women Indoor Pentathlon

=====

NCC Record: # 3777 2004 Brianne Vette-Edwards, South Dakota

| Name                   | Year School  | Finals | Points |
|------------------------|--------------|--------|--------|
| 1 Kyvelidou, Anastasia | Nebraska - O | 3920#  | 10     |
| 2 Akerly, Debbie       | Nebraska - O | 3468   | 8      |
| 3 Eklund, Janet        | Minnesota St | 3290   | 6      |
| 4 McGill, Mara         | U of South D | 3127   | 5      |
| 5 Krueger, Lindsey     | St. Cloud St | 3077   | 4      |
| 6 Paulson, Lisa        | Minnesota St | 3067   | 3      |
| 7 Todnem, Kayla        | St. Cloud St | 2992   | 2      |
| 8 Zander, Heidi        | North Dakota | 2918   | 1      |
| 9 Zabrocki, Katie      | Nebraska - O | 2871   |        |

Men 60 Meter Dash

=====

NCC Record: # 6.76 2004 Stefan Logan, South Dakota

6.70 AUTO

6.86 PROV

| Name                 | Year School  | Prelims   | H# |
|----------------------|--------------|-----------|----|
| Preliminaries        |              |           |    |
| 1 Warren, Roderick   | Minnesota St | 6.83QPROV | 2  |
| 2 Alexander, Donovan | North Dakota | 6.94Q     | 1  |
| 3 Lawrence, Michael  | Minnesota St | 7.04q     | 2  |
| 4 Graham, Michael    | St. Cloud St | 7.05q     | 1  |
| 5 McCaskill, Jordan  | U of South D | 7.06q     | 1  |
| 6 Coley, David       | U of South D | 7.07q     | 1  |
| 7 Kittles, Eric      | U of South D | 7.07q     | 2  |
| 8 Edwards, Andrew    | U of South D | 7.12q     | 2  |
| 9 Charles, Demetrius | North Dakota | 7.17      | 1  |
| 10 Adams, Kevin      | Minnesota St | 7.21      | 2  |

|                     |              |      |   |
|---------------------|--------------|------|---|
| 11 Coonen, Michael  | St. Cloud St | 7.23 | 2 |
| 12 Ellingworth, Tom | Augustana Co | 7.30 | 1 |
| 13 Kelly, Kyle      | Augustana Co | 7.54 | 2 |

Men 60 Meter Dash

=====

NCC Record: # 6.76 2004 Stefan Logan, South Dakota  
 6.70 AUTO  
 6.86 PROV

| Name                 | Year School  | Finals    | Poi |
|----------------------|--------------|-----------|-----|
| =====                |              |           |     |
| Finals               |              |           |     |
| 1 Warren, Roderick   | Minnesota St | 6.83 PROV | 10  |
| 2 Alexander, Donovan | North Dakota | 6.85 PROV | 8   |
| 3 Lawrence, Michael  | Minnesota St | 6.95      | 6   |
| 4 Kittles, Eric      | U of South D | 7.02      | 5   |
| 5 Graham, Michael    | St. Cloud St | 7.05      | 4   |
| 6 McCaskill, Jordan  | U of South D | 7.07      | 3   |
| 7 Coley, David       | U of South D | 7.07      | 2   |
| 8 Edwards, Andrew    | U of South D | 7.18      | 1   |

Men 200 Meter Dash

=====

NCC Record: # 21.42 2001 Ryan Finley, South Dakota  
 Dome Record: @ 21.42 2001 Ryan Finley, South Dakota  
 22.60 PROV

| Name                  | Year School  | Prelims    | H# |
|-----------------------|--------------|------------|----|
| =====                 |              |            |    |
| Preliminaries         |              |            |    |
| 1 Alexander, Donovan  | North Dakota | 22.36qPROV | 2  |
| 2 Lawrence, Michael   | Minnesota St | 22.37qPROV | 1  |
| 3 Coley, David        | U of South D | 22.53qPROV | 2  |
| 4 Kittles, Eric       | U of South D | 22.65q     | 1  |
| 5 Liggins, Terry      | U of South D | 22.71q     | 3  |
| 6 Bader, Steve        | St. Cloud St | 22.81q     | 3  |
| 7 Edwards, Andrew     | U of South D | 22.89q     | 1  |
| 8 Warren, Roderick    | Minnesota St | 23.05q     | 1  |
| 9 Lazer, Jared        | St. Cloud St | 23.30      | 2  |
| 10 Ellingworth, Tom   | Augustana Co | 23.43      | 3  |
| 11 Charles, Demetrius | North Dakota | 23.71      | 2  |
| 12 Adams, Kevin       | Minnesota St | 23.73      | 2  |
| 13 Noteboom, Justin   | Augustana Co | 23.98      | 3  |
| 14 Kelly, Kyle        | Augustana Co | 25.13      | 1  |

Men 200 Meter Dash

=====

NCC Record: # 21.42 2001 Ryan Finley, South Dakota  
 Dome Record: @ 21.42 2001 Ryan Finley, South Dakota  
 22.60 PROV

| Name                 | Year School  | Finals     | H#   |
|----------------------|--------------|------------|------|
| =====                |              |            |      |
| Finals               |              |            |      |
| 1 Lawrence, Michael  | Minnesota St | 21.41@PROV | 2 10 |
| 2 Alexander, Donovan | North Dakota | 22.35 PROV | 2 8  |
| 3 Kittles, Eric      | U of South D | 22.45 PROV | 2 6  |
| 4 Bader, Steve       | St. Cloud St | 22.71      | 1 5  |
| 5 Coley, David       | U of South D | 22.74      | 2 4  |
| 6 Liggins, Terry     | U of South D | 22.79      | 1 3  |
| 7 Edwards, Andrew    | U of South D | 22.83      | 1 2  |

Men 1 Mile Run

```

=====
NCC Record: # 4:06.53 2004 Brad Lowery, South Dakota State
Dome Record: @ 4:09.45 1999 Nick Burrow, South Dakota State
                4:08.30 AUTO
                4:16.30 PROV
Name           Year School           Finals           Poi
=====
1 Baltrusch, Luke      Augustana Co      4:14.28 PROV     10
2 Wetering, Tyler     U of South D     4:17.52           8
3 Beerling, Nate      UM - Duluth      4:19.67           6
4 Winterfeld, Robb   UM - Duluth      4:20.07           5
5 Jelen, Jarvis      Augustana Co     4:20.64           4
6 Janiszkeski, Chad  Minnesota St     4:22.26           3
7 Klungtvedt, Ben    Minnesota St     4:22.77           2
8 Clementson, Jared  UM - Duluth      4:24.18           1
9 DeWald, Matt       U of South D     4:27.38
10 Nyberg, Karl      St. Cloud St    4:35.09
11 Kiesow, Zach      Augustana Co     4:37.57
=====
    
```

Men 400 Meter Run

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=====
NCC Record: # 47.67 1983 Jeff Gross, Augustana
Dome Record: @ 47.02 1988 Ian Morris, Abilene Christian
                48.00 AUTO
                49.30 PROV
Name           Year School           Finals           H#
=====
1 Guetter, Luke      Augustana Co      49.44           2 10
2 Lazer, Jared      St. Cloud St     50.72           2 8
3 Utes, Eric        Minnesota St     50.82           2 6
4 Keigley, Brent    North Dakota     50.84           2 5
5 Erling, Chad      U of South D     51.25           1 4
6 Ortberg, Ryan     Minnesota St     51.27           1 3
7 Jacobsen, Denis   UM - Duluth      51.53           1 2
8 Hendricks, Sam    UM - Duluth      51.58           1 1
=====
    
```

Men 500 Meter Run

```

=====
NCC Record: # 1:02.82 2000 Aaron Dewald, North Dakota State
Dome Record: @ 1:03.33 1983 Ervin Gebhart, South Dakota State
Name           Year School           Prelims H#
=====
Preliminaries
1 Pieper, Nate      Minnesota St      1:06.10q 1
2 Jeffery, James    U of South D     1:06.26q 2
3 Ekberg, Ross     UM - Duluth      1:06.67q 3
4 Hauge, Ben       Minnesota St     1:06.82q 2
5 DeMaris, Joel    Minnesota St     1:07.07q 2
6 Hegge, Joe       U of South D     1:07.73q 3
7 Briggs, Jason    U of South D     1:08.07q 1
8 Koepke, Paul     UM - Duluth      1:08.27q 2
9 Jenc, Jake       UM - Duluth      1:09.33 3
10 Schmitt, Adam   St. Cloud St    1:10.20 1
11 Johnson, Sam    St. Cloud St    1:11.06 3
=====
    
```

Men 500 Meter Run

```

=====
NCC Record: # 1:02.82 2000 Aaron Dewald, North Dakota State
Dome Record: @ 1:03.33 1983 Ervin Gebhart, South Dakota State
    
```

| Name             | Year School  | Finals  | H# | Points |
|------------------|--------------|---------|----|--------|
| =====            |              |         |    |        |
| Finals           |              |         |    |        |
| 1 Jeffery, James | U of South D | 1:05.76 | 2  | 10     |
| 2 Pieper, Nate   | Minnesota St | 1:05.91 | 2  | 8      |
| 3 DeMaris, Joel  | Minnesota St | 1:06.37 | 1  | 6      |
| 4 Ekberg, Ross   | UM - Duluth  | 1:06.54 | 2  | 5      |
| 5 Hauge, Ben     | Minnesota St | 1:07.02 | 2  | 4      |
| 6 Hegge, Joe     | U of South D | 1:07.96 | 1  | 3      |
| 7 Koepke, Paul   | UM - Duluth  | 1:09.48 | 1  | 2      |
| -- Briggs, Jason | U of South D | FS      | 1  |        |

Men 800 Meter Run

| Name   | Year School  | Finals                             | Poi |
|--|--------------|------------------------------------|-----|
| =====  |              |                                    |     |
| We will run as a final on Saturday-- NO prelim |              |                                    |     |
| NCC Record: #                                  | 1:50.88 1995 | Tim Dow, Augustana                 |     |
| Dome Record: @                                 | 1:51.26 1993 | Joseph Tengelei, Abilene Christian |     |
|  | 1:51.30 AUTO |                                    |     |
|  | 1:54.30 PROV |                                    |     |
| =====  |              |                                    |     |
| 1 Lehmann, Pat                                 | Minnesota St | 1:53.06 PROV                       | 10  |
| 2 Jeffery, Josh                                | U of South D | 1:53.86 PROV                       | 8   |
| 3 Gerszewski, Matt                             | North Dakota | 1:55.03                            | 6   |
| 4 Klopp, Pete                                  | UM - Duluth  | 1:56.20                            | 5   |
| 5 Ortloff, Jon                                 | Minnesota St | 1:57.30                            | 4   |
| 6 Anderson, Sam                                | UM - Duluth  | 1:58.22                            | 3   |
| 7 Manly, David                                 | St. Cloud St | 2:02.40                            | 2   |

Men 1000 Meter Run

| Name                                | Year School  | Prelims                             |
|-------------------------------------|--------------|-------------------------------------|
| =====                               |              |                                     |
| 1 turn stagger- cut on back stretch |              |                                     |
| NCC Record: #                       | 2:25.13 2004 | Pat Lehman, Minnesota State Mankato |
| Dome Record: @                      | 2:25.88 1988 | Shane Roder, South Dakota           |
| =====                               |              |                                     |
| Preliminaries                       |              |                                     |
| 1 Bowser, Bill                      | Minnesota St | 2:35.79Q                            |
| 2 Jeffery, James                    | U of South D | 2:36.25Q                            |
| 3 Seier, Nate                       | U of South D | 2:35.93Q                            |
| 4 Salay, Nick                       | UM - Duluth  | 2:36.34Q                            |
| 5 Beerling, Nate                    | UM - Duluth  | 2:36.07q                            |
| 6 Gilson, Skip                      | North Dakota | 2:36.65q                            |
| 7 Backsen, Chad                     | Augustana Co | 2:38.29q                            |
| 8 Wegner, Taylor                    | UM - Duluth  | 2:38.60q                            |
| 9 Nyberg, Karl                      | St. Cloud St | 2:38.62                             |
| 10 Jamison, Greg                    | St. Cloud St | 2:47.30                             |
| 11 Koetter, Matt                    | St. Cloud St | 3:00.45                             |

Men 1000 Meter Run

| Name                                | Year School  | Finals                              | Points |
|-------------------------------------|--------------|-------------------------------------|--------|
| =====                               |              |                                     |        |
| 1 turn stagger- cut on back stretch |              |                                     |        |
| NCC Record: #                       | 2:25.13 2004 | Pat Lehman, Minnesota State Mankato |        |
| Dome Record: @                      | 2:25.88 1988 | Shane Roder, South Dakota           |        |
| =====                               |              |                                     |        |
| Finals                              |              |                                     |        |
| 1 Bowser, Bill                      | Minnesota St | 2:31.19                             | 10     |
| 2 Seier, Nate                       | U of South D | 2:31.82                             | 8      |
| 3 Salay, Nick                       | UM - Duluth  | 2:35.52                             | 6      |

|   |                |              |         |   |
|---|----------------|--------------|---------|---|
| 4 | Jeffery, James | U of South D | 2:36.20 | 5 |
| 5 | Gilson, Skip   | North Dakota | 2:36.55 | 4 |
| 6 | Wegner, Taylor | UM - Duluth  | 2:36.80 | 3 |
| 7 | Backsen, Chad  | Augustana Co | 2:36.87 | 2 |
| 8 | Beerling, Nate | UM - Duluth  | 2:37.04 | 1 |

Men 3000 Meter Run

=====

NCC Record: # 8:28.02 1979 Mike Bills, South Dakota State  
 Dome Record: @ 8:30.77 1998 Matt Hoyt, South Dakota

| Name | Year School       | Finals       | Points     |
|------|-------------------|--------------|------------|
| 1    | Baltrusch, Luke   | Augustana Co | 8:33.28 10 |
| 2    | Rengo, Jason      | Minnesota St | 8:34.90 8  |
| 3    | Kriegler, Paul    | North Dakota | 8:37.70 6  |
| 4    | Wetering, Tyler   | U of South D | 8:42.07 5  |
| 5    | Hirsch, Nick      | St. Cloud St | 8:43.74 4  |
| 6    | Turgeon, Tony     | U of South D | 8:44.15 3  |
| 7    | Winterfeld, Robb  | UM - Duluth  | 8:44.49 2  |
| 8    | Klungtvedt, Ben   | Minnesota St | 8:51.99 1  |
| 9    | Fransen, Bret     | U of South D | 8:57.53    |
| 10   | Johnson, Bart     | Augustana Co | 9:03.50    |
| 11   | Polski, Brian     | UM - Duluth  | 9:05.26    |
| 12   | Kallemeyn, John   | UM - Duluth  | 9:06.68    |
| 13   | Janiszewski, Chad | Minnesota St | 9:09.22    |
| 14   | Jelen, Jarvis     | Augustana Co | 9:12.16    |
| 15   | Dauer, Quinn      | Minnesota St | 9:18.14    |
| 16   | Kiesow, Zach      | Augustana Co | 9:25.06    |
| 17   | Spitsberg, Richie | North Dakota | 9:29.57    |
| 18   | Grose, Kevin      | St. Cloud St | 9:30.00    |
| --   | DeWald, Matt      | U of South D | NT         |

Men 5000 Meter Run

=====

NCC Record: # 14:24.54 1985 Kurt Threinen, St. Cloud State  
 Dome Record: @ 14:18.37 2000 Matt Hoyt, South Dakota  
 14:17.20 AUTO  
 14:55.20 PROV

| Name | Year School     | Finals       | Poi         |
|------|-----------------|--------------|-------------|
| 1    | Turgeon, Tony   | U of South D | 15:00.04 10 |
| 2    | Hirsch, Nick    | St. Cloud St | 15:05.65 8  |
| 3    | DeKrey, Lee     | North Dakota | 15:09.28 6  |
| 4    | Dauer, Quinn    | Minnesota St | 15:21.42 5  |
| 5    | Fransen, Bret   | U of South D | 15:24.13 4  |
| 6    | Polski, Brian   | UM - Duluth  | 15:25.85 3  |
| 7    | Huber, Brenden  | U of South D | 15:41.09 2  |
| 8    | Lemiso, Stephen | Minnesota St | 15:53.46 1  |
| 9    | Atkinson, Eric  | UM - Duluth  | 15:58.27    |
| 10   | Ihry, Robert    | Augustana Co | 16:02.78    |
| 11   | Stenzel, Keith  | St. Cloud St | 16:10.31    |
| 12   | Bahnson, Graham | Augustana Co | 16:24.57    |
| 13   | Smith, Pete     | Augustana Co | 16:33.44    |

Men 60 Meter Hurdles

=====

NCC Record: # 8.00 2004 Adrian Stuart, Minnesota State Mankato  
 7.93 AUTO  
 8.24 PROV

| Name | Year School | Prelims | H# |
|------|-------------|---------|----|
|------|-------------|---------|----|

=====  
Preliminaries

|    |                  |              |           |   |
|----|------------------|--------------|-----------|---|
| 1  | Liggins, Terry   | U of South D | 8.15QPROV | 1 |
| 2  | Vahrenkamp, Jim  | U of South D | 8.55Q     | 2 |
| 3  | Stuart, Adrian   | Minnesota St | 8.51q     | 1 |
| 4  | Briggs, Jason    | U of South D | 8.57q     | 1 |
| 5  | Lazer, Jared     | St. Cloud St | 8.58q     | 2 |
| 6  | Koch, Jason      | St. Cloud St | 8.59q     | 2 |
| 7  | Stoltz, Tyler    | North Dakota | 8.60q     | 1 |
| 8  | Koch, Ryan       | St. Cloud St | 8.64q     | 2 |
| 9  | Yates, Brandon   | North Dakota | 8.74      | 1 |
| 10 | Rasmussen, Josh  | Minnesota St | 8.87      | 2 |
| 11 | Noteboom, Justin | Augustana Co | 8.93      | 2 |
| 12 | Eskierka, Adam   | UM - Duluth  | 9.14      | 1 |

Men 60 Meter Hurdles

=====  
NCC Record: # 8.00 2004 Adrian Stuart, Minnesota State Mankato  
7.93 AUTO  
8.24 PROV

| Name | Year School | Finals | Poi |
|------|-------------|--------|-----|
|------|-------------|--------|-----|

=====  
Finals

|   |                 |              |      |    |
|---|-----------------|--------------|------|----|
| 1 | Liggins, Terry  | U of South D | 8.33 | 10 |
| 2 | Stuart, Adrian  | Minnesota St | 8.49 | 8  |
| 3 | Stoltz, Tyler   | North Dakota | 8.60 | 6  |
| 4 | Briggs, Jason   | U of South D | 8.63 | 5  |
| 5 | Koch, Ryan      | St. Cloud St | 8.69 | 4  |
| 6 | Lazer, Jared    | St. Cloud St | 8.70 | 3  |
| 7 | Vahrenkamp, Jim | U of South D | 8.71 | 2  |
| 8 | Koch, Jason     | St. Cloud St | 8.91 | 1  |

Men 4x400 Meter Relay

=====  
NCC Record: # 3:16.70 2002 , North Dakota State  
Aakre, Wolbaum, Moen, Johnson  
Dome Record: @ 3:12.21 1988 , Abilene Christian  
Phillips, Morris, Brown, Clay  
3:14.80 AUTO  
3:20.30 PROV

| School | Finals | Poi |
|--------|--------|-----|
|--------|--------|-----|

|   |                                |                  |    |
|---|--------------------------------|------------------|----|
| 1 | Minnesota State 'A'            | 3:22.43          | 10 |
| 2 | U of South Dakota 'A'          | 3:24.64          | 8  |
|   | 1) Erling, Chad                | 2) Briggs, Jason |    |
|   | 3) Jeffery, James              | 4) Jeffery, Josh |    |
| 3 | North Dakota 'A'               | 3:24.85          | 6  |
| 4 | UM - Duluth 'A'                | 3:25.87          | 5  |
| 5 | Augustana College 'A'          | 3:28.43          | 4  |
| 6 | St. Cloud State University 'A' | 3:30.32          | 3  |

Men Distance Medley

=====  
10:32.40 PROV

| School | Finals | Poi |
|--------|--------|-----|
|--------|--------|-----|

|   |                       |                  |    |
|---|-----------------------|------------------|----|
| 1 | U of South Dakota 'A' | 10:07.37 PROV    | 10 |
|   | 1) Wetering, Tyler    | 2) Erling, Chad  |    |
|   | 3) Jeffery, Josh      | 4) Turgeon, Tony |    |
| 2 | Minnesota State 'A'   | 10:18.19 PROV    | 8  |

|                                  |          |      |   |
|----------------------------------|----------|------|---|
| 3 Augustana College 'A'          | 10:26.55 | PROV | 6 |
| 4 UM - Duluth 'A'                | 10:34.19 |      | 5 |
| 5 North Dakota 'A'               | 10:42.61 |      | 4 |
| 6 St. Cloud State University 'A' | 11:02.62 |      | 3 |

Men High Jump

=====

5 alive

5-10, 6-0, 6-2, 6-4, 6-6, 6-8, 6-10 1/2, 6-11 1/2, 7 1/2 etc..

NCC Record: # 7-01.75 1988 Mike Fairchild, Minnesota State Mankato

Dome Record: @ 7-03 1988 Mike Fairchild, Mankato State

7-01.00 AUTO

6-08.25 PROV

| Name               | Year School  | Finals        | Poi      |
|--------------------|--------------|---------------|----------|
| 1 Dilling, Jim     | Minnesota St | 7-00.50 PROV  | 2.14m 10 |
| 2 Gearman, Derek   | U of South D | J7-00.50 PROV | 2.14m 8  |
| 3 Blaeser, Ben     | Minnesota St | 6-08.00       | 2.03m 6  |
| 4 Pearson, Bryan   | St. Cloud St | J6-08.00      | 2.03m 5  |
| 5 Liggins, Terry   | U of South D | 6-04.00       | 1.93m 4  |
| 6 Haugland, Deming | Augustana Co | J6-04.00      | 1.93m 3  |
| 7 Ellich, John     | UM - Duluth  | J6-04.00      | 1.93m 2  |
| 8 Nylander, Kyle   | UM - Duluth  | J6-04.00      | 1.93m 1  |
| 9 Vahrenkamp, Jim  | U of South D | 6-02.00       | 1.87m    |
| 10 Rasmussen, Josh | Minnesota St | 6-00.00       | 1.82m    |
| 11 Klock, Eric     | North Dakota | 5-10.00       | 1.77m    |
| 12 Eskierka, Adam  | UM - Duluth  | J5-10.00      | 1.77m    |
| -- Olson, Phillip  | Minnesota St | NH            |          |

Men Pole Vault

=====

5 alive

12-1 12-7 13-1 13-7 14-1 14-5 14-9 15-1 15-5 1/2 15-9 1/2

16-1 3/4 16-3 3/4

NCC Record: # 17-04 1997 Dustin DeRosier, St. Cloud State

Dome Record: @ 19-01.25 2002 Derek Miles, Bell Athletics

16-08.75 AUTO

15-05.50 PROV

| Name                 | Year School  | Finals        | Poi       |
|----------------------|--------------|---------------|-----------|
| 1 Mauch, Ben         | Minnesota St | 15-05.50 PROV | 4.71m 10  |
| 2 Johnson, Adam      | UM - Duluth  | 15-01.00      | 4.59m 8   |
| 3 Dunn, Adam         | U of South D | J15-01.00     | 4.59m 6   |
| 4 Peterson, AJ       | Minnesota St | J15-01.00     | 4.59m 4.5 |
| 4 Matthies, Billy    | Minnesota St | J15-01.00     | 4.59m 4.5 |
| 6 Truckenbrod, Aaron | U of South D | 14-05.00      | 4.39m 3   |
| 7 Koch, Ryan         | St. Cloud St | 14-01.00      | 4.29m 2   |
| 8 Aulwes, Mike       | St. Cloud St | 13-07.00      | 4.14m 1   |
| 9 Carlson, Clark     | North Dakota | J13-07.00     | 4.14m     |
| 10 Johnson, Eric     | North Dakota | J13-07.00     | 4.14m     |
| 11 Nygren, Erik      | UM - Duluth  | 12-07.00      | 3.83m     |
| -- Muerchow, Darren  | St. Cloud St | NH            |           |
| -- Scepaniak, Robert | St. Cloud St | NH            |           |

Men Long Jump

=====

NCC Record: # 25-08.75 1982 Ed Stuart, Minnesota State Mankato

Dome Record: @ 26-01 1989 Tarrell Carpenter, St. Augustines

25-00.00 AUTO

23-03.50 PROV

| Name               | Year | School       | Finals |          | Poi |
|--------------------|------|--------------|--------|----------|-----|
| 1 Gearman, Derek   |      | U of South D | 7.11m  | 23-04.00 | 10  |
| 2 Stoltz, Tyler    |      | North Dakota | 6.99m  | 22-11.25 | 8   |
| 3 Haines, Colte    |      | U of South D | 6.91m  | 22-08.00 | 6   |
| 4 Vahrenkamp, Jim  |      | U of South D | 6.71m  | 22-00.25 | 5   |
| 5 Colvin, Nick     |      | Minnesota St | 6.62m  | 21-08.75 | 4   |
| 6 Adams, Kevin     |      | Minnesota St | 6.60m  | 21-08.00 | 3   |
| 7 Rasmussen, Josh  |      | Minnesota St | 6.55m  | 21-06.00 | 2   |
| 8 Koch, Ryan       |      | St. Cloud St | 6.51m  | 21-04.25 | 1   |
| 9 Ellison, Cale    |      | U of South D | J6.51m | 21-04.25 |     |
| 10 Prairie, Bryan  |      | Augustana Co | 6.44m  | 21-01.50 |     |
| 11 Ellich, John    |      | UM - Duluth  | 6.40m  | 21-00.00 |     |
| 12 Olson, Phillip  |      | Minnesota St | 6.39m  | 20-11.75 |     |
| 13 Rygh, Dave      |      | North Dakota | 6.38m  | 20-11.25 |     |
| 14 Koch, Andrew    |      | St. Cloud St | 6.27m  | 20-07.00 |     |
| 15 Josephson, Dave |      | North Dakota | 6.19m  | 20-03.75 |     |
| 15 Aakre, Jeremiah |      | UM - Duluth  | 6.19m  | 20-03.75 |     |
| 17 Eskierka, Adam  |      | UM - Duluth  | 6.15m  | 20-02.25 |     |
| 18 Schmitt, Adam   |      | St. Cloud St | 6.10m  | 20-00.25 |     |
| 19 Pearson, Bryan  |      | St. Cloud St | 6.02m  | 19-09.00 |     |

Men Triple Jump

9 to finals

NCC Record: # 51-10.50 1998 Steve Gordon, South Dakota

Dome Record: @ 53-06 1997 Steve Gordon, South Dakota

51-06.25 AUTO

47-00.25 PROV

| Name               | Year | School       | Finals |          | Poi |
|--------------------|------|--------------|--------|----------|-----|
| 1 Gearman, Derek   |      | U of South D | 14.68m | 48-02.00 | 10  |
| 2 Haines, Colte    |      | U of South D | 14.20m | 46-07.25 | 8   |
| 3 Rygh, Dave       |      | North Dakota | 13.87m | 45-06.25 | 6   |
| 4 Prairie, Bryan   |      | Augustana Co | 13.84m | 45-05.00 | 5   |
| 5 Olson, Phillip   |      | Minnesota St | 13.70m | 44-11.50 | 4   |
| 6 Koch, Ryan       |      | St. Cloud St | 13.35m | 43-09.75 | 3   |
| 7 Nylander, Kyle   |      | UM - Duluth  | 13.20m | 43-03.75 | 2   |
| 8 Koch, Andrew     |      | St. Cloud St | 12.79m | 41-11.50 | 1   |
| 9 Josephson, Dave  |      | North Dakota | 12.74m | 41-09.75 |     |
| 10 Aakre, Jeremiah |      | UM - Duluth  | 12.53m | 41-01.50 |     |
| 11 Klock, Eric     |      | North Dakota | 11.80m | 38-08.75 |     |
| -- Colvin, Nick    |      | Minnesota St | ND     |          |     |

Men Shot Put

9 to finals

NCC Record: # 58-11 1986 Dave Levos, North Dakota

Dome Record: @ 59-07.75 1993 Mike Olson, Seattle Pacific

58-00.25 AUTO

52-06.00 PROV

| Name               | Year | School       | Finals |          | Poi |
|--------------------|------|--------------|--------|----------|-----|
| 1 Wolfram, Aaron   |      | St. Cloud St | 15.26m | 50-00.75 | 10  |
| 2 Holubar, Kevin   |      | St. Cloud St | 14.78m | 48-06.00 | 8   |
| 3 Hagemann, Nick   |      | U of South D | 14.70m | 48-02.75 | 6   |
| 4 Schable, Andrew  |      | U of South D | 14.43m | 47-04.25 | 5   |
| 5 Martinsen, James |      | UM - Duluth  | 14.37m | 47-01.75 | 4   |
| 6 Litzinger, Matt  |      | North Dakota | 14.29m | 46-10.75 | 3   |
| 7 Moe, Erik        |      | North Dakota | 14.09m | 46-02.75 | 2   |

|                  |              |        |          |   |
|------------------|--------------|--------|----------|---|
| 8 Kleffman, Matt | UM - Duluth  | 13.95m | 45-09.25 | 1 |
| 9 Soldner, Tom   | UM - Duluth  | 13.14m | 43-01.50 |   |
| 10 Haugan, Josh  | North Dakota | 13.02m | 42-08.75 |   |
| 11 Koch, Jason   | St. Cloud St | 12.77m | 41-10.75 |   |

Men Weight Throw

9 to finals

NCC Record: # 63-10.50 1998 John McEwen, Morningside  
 Dome Record: @ 63-00.50 1998 John McEwen, Morningside  
 63-11.75 AUTO  
 55-05.50 PROV

| Name               | Year School  | Finals |          | Poi |
|--------------------|--------------|--------|----------|-----|
| 1 Tolsma, Dan      | U of South D | 17.40m | 57-01.00 | 10  |
| 2 Hagemann, Nick   | U of South D | 17.31m | 56-09.50 | 8   |
| 3 Schable, Andrew  | U of South D | 16.62m | 54-06.50 | 6   |
| 4 Dark, Josh       | UM - Duluth  | 16.42m | 53-10.50 | 5   |
| 5 Wolfram, Aaron   | St. Cloud St | 16.33m | 53-07.00 | 4   |
| 6 Haugan, Josh     | North Dakota | 15.95m | 52-04.00 | 3   |
| 7 Holubar, Kevin   | St. Cloud St | 14.52m | 47-07.75 | 2   |
| 8 Bentele, Nick    | Augustana Co | 13.94m | 45-09.00 | 1   |
| 9 Kleffman, Matt   | UM - Duluth  | 13.40m | 43-11.75 |     |
| 10 Litzinger, Matt | North Dakota | 13.24m | 43-05.25 |     |
| 11 Soldner, Tom    | UM - Duluth  | 12.97m | 42-06.75 |     |
| 12 Stueck, Andrew  | St. Cloud St | 11.68m | 38-04.00 |     |

Men Indoor Pentathlon

NCC Record: # 3994 2004 Nathan Schmidt, North Dakota State

| Name               | Year School  | Finals | Points |
|--------------------|--------------|--------|--------|
| 1 Vahrenkamp, Jim  | U of South D | 3641   | 10     |
| 2 Rasmussen, Josh  | Minnesota St | 3621   | 8      |
| 3 Liggins, Terry   | U of South D | 3470   | 6      |
| 4 Blaeser, Ben     | Minnesota St | 3373   | 5      |
| 5 Koch, Jason      | St. Cloud St | 3315   | 4      |
| 6 Briggs, Jason    | U of South D | 3165   | 3      |
| 7 Eskierka, Adam   | UM - Duluth  | 3045   | 2      |
| 8 Ellich, John     | UM - Duluth  | 2999   | 1      |
| 9 Delmore, Patrick | North Dakota | 2736   |        |
| 10 Ellison, Cale   | U of South D | 2508   |        |

Women - Team Rankings - 19 Events Scored

|                               |     |                     |       |
|-------------------------------|-----|---------------------|-------|
| 1) U of South Dakota          | 203 | 2) Nebraska - Omaha | 177   |
| 3) North Dakota               | 100 | 4) Minnesota State  | 99.50 |
| 5) Augustana College          | 95  | 6) UM - Duluth      | 42.50 |
| 7) St. Cloud State University | 22  |                     |       |

Men - Team Rankings - 19 Events Scored

|                               |     |                      |     |
|-------------------------------|-----|----------------------|-----|
| 1) U of South Dakota          | 245 | 2) Minnesota State   | 184 |
| 3) St. Cloud State University | 86  | 4) North Dakota      | 81  |
| 4) UM - Duluth                | 81  | 6) Augustana College | 55  |